



Friday 19th September 2025

RIZA GRANTS INFO SESSION

FUNDING CYCLE 1



Co-funded by
the European Union



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the European Union



WELCOME

FRIDAY 19 SEPTEMBER 2025
10.00 - 12.00 CET



RIZA

Riza aims at strengthening the capacity of **99 small scale grassroots** NGOs across EU Member States to uphold, protect, and promote EU values and fundamental rights. Priority organisations are the ones in most isolated situations with least access to resources and opportunities, with special focus on migrant and refugee women.

Riza, meaning “root” in Greek — is a European Union co-funded four years project that places grassroots civil society organisations (CSOs) at the centre of upholding the fundamental **values of the European Union:**

-  **Human dignity**
-  **Democracy**
-  **Equality**
-  **The rule of law**
-  **Human rights.**



EU VALUES

- ✿ Values listed in the **Article 2 of the Treaty of the European Union** are "respect for **human dignity, freedom, democracy, equality, the rule of law and respect for human rights**, including the rights of persons belonging to minorities" and "pluralism, non-discrimination, tolerance, justice, solidarity and equality between women and men".
- ✿ **Article 21 of the EU Charter** prohibits discrimination on the basis of "**sex, race, colour, ethnic or social origin, genetic features, language, religion or belief, political or any other opinion, membership of a national minority, property, birth, disability, age or sexual orientation**".
- ✿ **Article 23 of the EU Charter**: "**Equality between women and men** must be ensured in all areas, including employment, work and pay. The principle of equality shall not prevent the maintenance or **adoption of measures providing for specific advantages in favour of the under-represented sex.**"



RIZA PARTNERS



EUROPEAN NETWORK OF MIGRANT WOMEN



EUROPEAN NETWORK OF MIGRANT WOMEN (BELGIUM/EU)

Established in **2012**, ENoMW is a feminist, independent of any political or religious groups, secular, **migrant-women-led platform uniting over 50 grassroots groups across 20+ European countries.**

Through feminist advocacy and joint actions, it champions access to rights, justice, self-representation, and capacity building for migrant, refugee and ethnic-minority women and girls.

INTRODUCTION OF PARTNERS





INTRODUCTION OF PARTNERS





Pangea 
la vita riparte da una Donna



FOUNDATION PANGEA (ITALY)

Founded in **July 2002**, Pangea is an independent, non-partisan NGO committed to **advancing human rights**, fostering respect for all religions and cultures, and promoting peace, environmental sustainability, diversity, and the fight against racism.

A central priority of its mission is **the empowerment and the protection of women and women's rights**.



FOUNDATION PANGEA (ITALY)

WHERE WE WORK

Pangea currently has active projects in **Italy, Afghanistan, Pakistan and India.**

Since 2002, Fondazione Pangea ETS has carried out projects in Nepal, the Democratic Republic of Congo, South Africa, Colombia and other countries, directly **involving over 100,000 women** and indirectly thousands of people from their families and surrounding communities.

In Italy, we run a shelter, **an emergency accommodation/shelter**, for women who have survived violence, as well as a national antiviolence helpdesk, and two local ones, in Rome and in Matera. One of Pangea's project is the national antiviolence network REAMA.

Since **2023 we run a helpdesk and a cohousing for migrant women**, in Rome.





INTRODUCTION OF PARTNERS





MONIKA – MULTICULTURAL WOMEN'S ASSOCIATION (FINLAND)

Founded **over 25 years ago** by migrant women in Finland

Mission: Support women's **inclusion and equality** / **Prevent violence** against women

Origin: Volunteer-driven initiative → grew into a **professional organization**

Our Team

- 🌿 Around 40 professionals employed
- 🌿 Multicultural staff – majority with migrant backgrounds
- 🌿 Services available in over 20 languages
- 🌿 Website available in 11 languages
- 🌿 Helpline & chat services in multiple languages
- 🌿 Approach: Multilingual & culturally sensitive support



MONIKA – MULTICULTURAL WOMEN'S ASSOCIATION (FINLAND)

Our Services

Three main units:

🌿 **Crisis Center Monika**

- Crisis help, psycho-social support, peer groups
- Counselling, service advising, supportive housing

🌿 **Shelter Mona**

- Shelter for women and their children who are facing violence or threats

🌿 **Integration Center**

- Individual guidance for integration & employment
- Group activities, mentoring, and skills support

Umbrella Organization

Represents 21 member associations (migrant women NGOs in Finland)

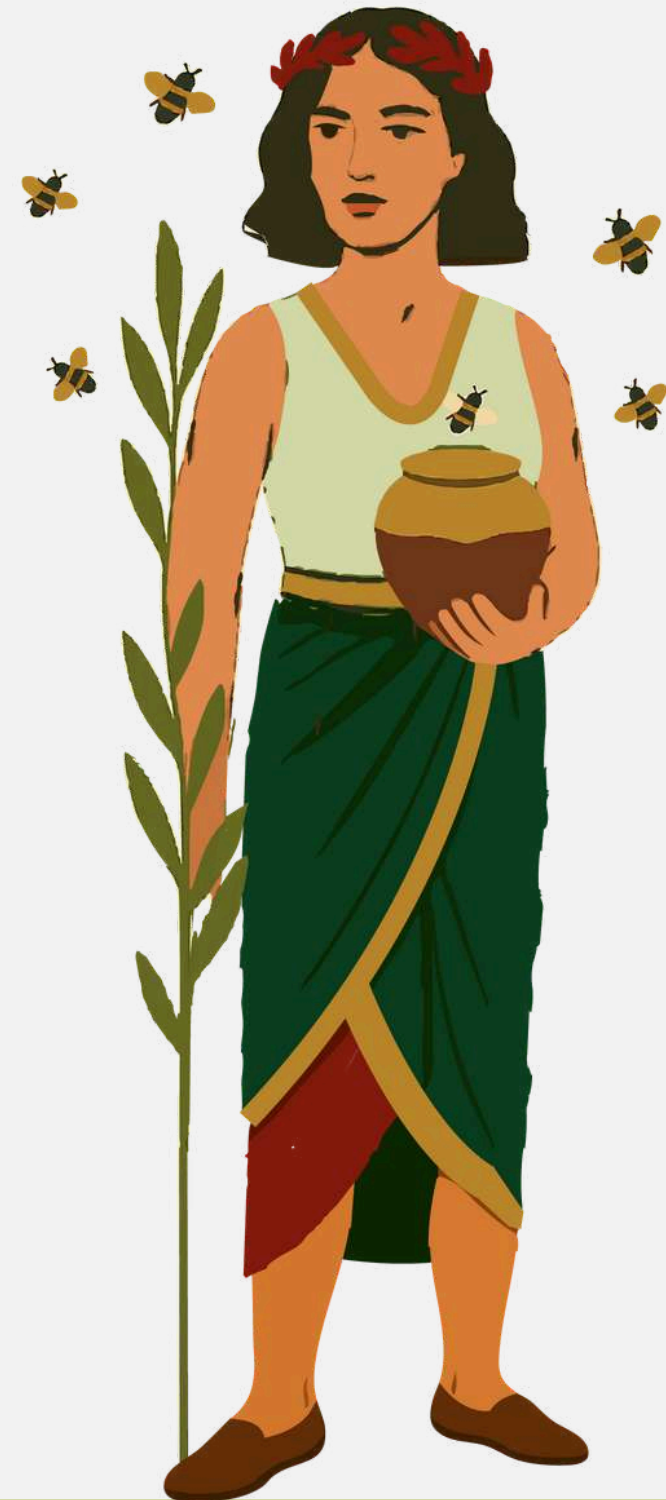
🌿 **Role:**

Provide support & training for member NGOs
Strengthen women's rights, equality, empowerment
Build solidarity across diverse cultural backgrounds



INTRODUCTION OF PARTNERS





MELISSA NETWORK (GREECE)

A Greek non-profit founded in 2014 **with the participation of migrant and refugee women leaders.**

Based in Athens, it provides **a safe space of support, learning and creativity,** promoting women's rights, advocacy, integration and active citizenship.

With **members from 50+ countries,** it aims to create and sustain bonds between the ethnic communities, building bridges of communication with the host society, and to create synergies within and beyond Greece.

VIDEO



BUDGET

AVAILABLE FUNDS

TOTAL FUNDING OVER 3 CYCLES €3,060,000.00

CYCLE 1 (2025): NORDIC-BALTIC REGION

€ 1,020,000.00

15 MICRO	12 SMALL	6 MEDIUM
€17,778	€32,778	€60,000

CYCLE 2 (2026): SOUTHERN-MEDITERRANEAN REGION

€ 1,020,000.00

15 MICRO	12 SMALL	6 MEDIUM
€17,778	€32,778	€60,000

CYCLE 3 (2027): CENTRAL-EASTERN REGION





€ 1,020,000.00

15 MICRO	12 SMALL	6 MEDIUM
€17,778	€32,778	€60,000





APPLICATION PROCEDURES

BUDGET ELIGIBILITY CRITERIA

-  Lump sum and 100% funded
-  No co-financing requirement
-  90% of the grant will be paid after signing a grand agreement
-  10% after the **completion of the project** and the **capacity building programme**

MAXIMUM GRANT

-  Maximum total funding an organisation can receive across all RIZA granting cycles is **€60,000**
-  Minimum grant amount is €17,778

ELIGIBLE EXPENSES

STRUCTURAL COSTS

- Salaries and wages for project personnel
- Pro rata of the office's rent and charges, including Internet, phone line, etc.

DIRECT PROJECT COSTS

- Materials and supplies directly attributable to the project
- Equipment costs directly related to the project, including relevant software fees, subscriptions, etc.
- Venue renting and catering fees

TRAVEL AND ACCOMMODATION

- Reasonable travel expenses for project-related activities
- Accommodation and subsistence costs during project-related travel
- Travel and subsistence costs of the in-person capacity building workshop of RIZA obligatory for all grantees
- Fees paid to consultants, subcontracted entities or external experts directly contributing to the project, which should not exceed 20% of total costs

NON-ELIGIBLE EXPENSES

GENERAL OPERATING COSTS

- Administrative overhead unrelated to project activities

CAPITAL INVESTMENTS

- Purchase of assets not directly required for the project
- Long-term infrastructure improvements unrelated to project goals

ENTERTAINMENT AND HOSPITALITY

- Expenses related to entertainment or hospitality not directly linked to project activities

NON-PROJECT TRAVEL

- Personal travel expenses unrelated to project objectives

NON-ESSENTIAL EQUIPMENT

- Purchase of equipment not essential for project implementation



ELIGIBILITY CRITERIA

ELIGIBLE ACTIVITY

THEMATIC PRIORITY 1: SUPPORT AND CAPACITY BUILDING OF MIGRANT AND REFUGEE WOMEN

Supporting migrant & refugee women, and their families in understanding & exercising their rights & obligations under EU and national law

Increasing capacity to engage with legal practitioners, equality bodies, law enforcement and judiciaries in cases of violation of their fundamental rights and access to justice and protection mechanisms

Strengthening awareness of their rights and freedom as women on the territory of EU MS, equality and non-discrimination principles, including prevention and protection from any form of GBVAWG

Creating and strengthening structures and programmes aimed at supporting in the domains of health, including SRHR, pregnancy and maternity, family planning, and mental health and in the provision of multisectoral responses to women and girls victims of GBV

Building capacity for self-representation and self-advocacy at communal, national levels and European level

Increasing public, civic and political engagement & building capacity to self-organise and establish formal and non-formal civic initiatives at local and national level

ELIGIBLE ACTIVITY

THEMATIC PRIORITY 2: ADVOCATING FOR THE FUNDAMENTAL RIGHTS OF MIGRANT AND REFUGEE WOMEN

Promoting the use of the EU Charter and other EU and international applicable law in protecting and promoting the fundamental rights of migrant women

Monitoring, documenting, systematising and analysing the cases of violations of fundamental rights violations of migrant women at regional and national level

Preparing and submitting shadow reports and contributions focused on fundamental rights of migrant/refugee/diaspora to national, regional and international bodies and committees (e.g. GREVIO, CEDAW)

Preparing and executing campaigns at local, national and European level aimed at raising awareness on the human rights standards, rights violations and best practices in the area of fundamental rights of migrant and refugee women

Conducting research and producing awareness raising materials in focus areas: employment, education, housing, health, civic participation, and access to resources (areas covered by the European Plan on Integration and Zaragoza indicators)

ELIGIBLE ACTIVITY

THEMATIC PRIORITY 3: PROMOTING THE ROLE OF MIGRANT AND REFUGEE WOMEN IN DEMOCRATIC DIALOGUE, COMMUNITY COHESION AND CROSS-CULTURAL SOLIDARITY.

Organisation of community actions, interventions, including artistic interventions, community dialogues focused on building inter-communal solidarity with the involvement and leadership of migrant women

Documenting and promoting best practices, role models, positive contributions of migrant women groups, initiatives, and individual migrant women activists

Campaigns and actions aimed at decreasing inter-communal conflicts and polarisation, and increasing democratic dialogue and pluralism at community level involving members of different ethnic, cultural, religious backgrounds and promoting migrant women leadership in such initiatives

Strengthening the role of migrant and refugee women in preventing and combating violent extremism, radicalisation, fundamentalist and extremist right discourse and actions

Building capacity and raising profiles of refugee and migrant women in the field of local and national policy-making and before local and national policy- and decision-makers

Building of formal or semi-formal networks of migrant women, or migrant women led organisations, to collaborate in the area of migrant, refugee and asylum-seeking women and girls' rights protection.



ADMISSIBILITY

ADMISSIBILITY

TYPES OF ORGANISATIONS THAT CAN BE FUNDED

Migrant, refugee women led organisation with a human right based mission.

Grassroots women's rights organisation with a stand-alone programme aimed at supporting migrant and/or refugee women.

Migrant, refugee, diaspora organisation led organisation with a stand-alone programme aimed at supporting migrant, refugee, diaspora women.

Grassroots human rights organisation with a stand-alone programme aimed at supporting migrant, refugee, diaspora women.

ADMISSIBILITY

PROFILES OF ORGANISATIONS THAT CAN BE FUNDED

To be **established in one of the states covered** by the scope of the call, i.e. an EU state.

To be a **non-profit non-governmental organisation or a similar** legal structure (e.g. community interest company, charity, etc)

To be **independent of any political or religious** party or group, or governmental authorities

To have **at least 1 year of demonstrated activities**, which can include the period before the legal establishment of the organisation

To have an **operational budget lower than Euro 300.000**

To have **equal representation of women** in the governing and executive structures

To have **operational capacity** to execute the proposed activities

To be **compliant with EU values**, in particular the Art, 2 of TFE and Art 21 and 21 of EU Charter

The organisation **must not be bankrupt, or in debt, or under any sanctions** from any national financial or legal authorities

To be a **migrant women-led organisation or to be able to demonstrate** how migrant/refugee/diaspora women will be **meaningfully included** in the design and execution of their proposals.



SUBMISSION

SUBMISSION PROCESS

-  Proposals may be submitted **by one organisation or a partnership of maximum 3 organisations** which may be based in the same or different countries covered by the call.
-  In case of a **partnership proposal, if grant is awarded, all partners will sign the grant agreement** but only one (main applicant) will be responsible for financial management and reporting on the project.
-  Applications are encouraged **to be submitted in English**, RIZA will accept applications in EU languages of country of applicants.

SUBMISSION PROCESS

TWO STAGES SUBMISSION:

STAGE 1

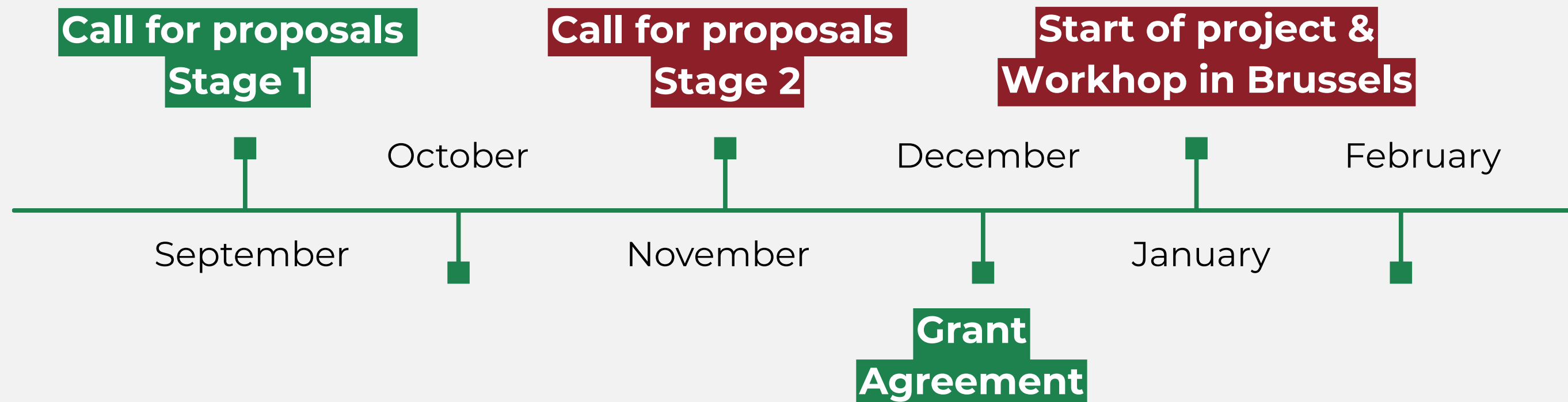
- Fill in electronic online form

STAGE 2

- Legal status of the organisation/legal entity/prove of formalisation .
- Proof of project activities report/or any other documents (photos, social media posts).
- Financial report of the last closed financial year (for newly constituted organisation the description of financial operations since the legal establishment can be accepted).

APPLICATIONS FOR BOTH STAGES 1 & 2 MUST BE SUBMITTED BEFORE THE CALL DEADLINES.

EVALUATION TIMELINE



DEADLINES

Online form submission	31/10/2025
Evaluation Results	17/11/2025
Full Application	5/12/2025
Evaluation Results	15/12/2025

CAPACITY BUILDING

CAPACITY BUILDING

Grantees are **required** to participate in the **4-Module online capacity building** that will start in January 2026. Each Module lasts for 2 months, with approximately **32 hours (2 days per month)** required to complete it.

January 2025	Orientation in the Moodle Platform In-person workshop in Brussels
February - July 2025	Online training
August-September 2025	Consolidation & Certification

CAPACITY BUILDING



- **Online Platform**
- **Interactive (videos, quizzes, etc)**
- **Self-paced within set timeframe**
- **Assessments**
- **Supervision by RIZA partners**

EU VALUES & RULE OF LAW

To build awareness and capacity on EU values, fundamental law and other applicable international human rights instruments in their missions to support migrant and refugee women.



- 🌿 **EU Values and Fundamental Rights:** Participants will be able to list and explain the core EU values and reflect on how these values relate to migrant and refugee women's lived realities.
- 🌿 **EU Structures, Mechanisms & Access Points:** Participants will be able to name key EU institutions and describe their roles and how to approach them.
- 🌿 **International Legal Frameworks & Their Application:** Participants will understand the scope of key international conventions and how they relate to EU/national contexts.
- 🌿 **Political Self-Representation and Advocacy:** Participants will recognise the importance of migrant women's voices in policy making spaces and map opportunities for participation.

EUQUALITY & WOMEN'S RIGHTS

Building on our wide experience in the field of anti-violence work and in supporting women with migrant and migratory backgrounds, we will deliver four key training modules designed to strengthen knowledge, awareness, and practical skills. These modules will focus on:

-  **Violence Against Women and Girls (VAWG) - mandatory** Addressing the different forms of gender-based violence, their root causes, and effective prevention and response strategies, with particular attention to the specific vulnerabilities and resilience of migrant women and girls.
-  **Navigating Social and Institutional Systems at the Local Level - mandatory** Equipping participants with the tools to understand and engage with local social, legal, and institutional systems, to strengthen protection mechanisms and improve access to rights and services for women and girls.
-  **Sexual and Reproductive and Mental Health** - promoting awareness and access to sexual and reproductive health rights and services, with a focus on mental health, trauma-informed approaches, and culturally sensitive practices.
-  **Data Collection Monitoring and Reporting Highlighting** - the critical role of data collection and analysis in shaping effective policies and interventions, ensuring evidence-based advocacy, and monitoring progress in the fight against violence and discrimination.



SOLIDARITY & DEMOCRACY

Our Solidarity and Democracy capacity building block is designed to strengthen the role of migrant women as community leaders and change-makers. It is divided into four interconnected modules, with the following objectives:

- 🌱 **Gaining knowledge and skills** to support migrant women-led, community-based and cross-cultural interventions and initiatives.
- 🌱 **Building capacity** for women-led cross-cultural community work and fostering meaningful social dialogue.
- 🌱 **Increasing the ability** to design and implement migrant- and refugee-led actions that prevent radicalisation and extremism while promoting social inclusion and community cohesion.
- 🌱 **Documenting and archiving** best practices created and implemented by migrant women to inspire and guide future initiatives.

Throughout this block, we have incorporated more **interactive and participatory elements**, encouraging **peer-to-peer learning, exchanges, and live sessions**. We hope many of you will join us on this empowering journey of learning, collaboration, and solidarity.

Good luck with your proposals, and we look forward to seeing your ideas come to life!



SUSTAINABILITY & RESILIENCE

BUILDING STRONGER, FAIRER & FUTURE-PROOF ORGANISATIONS

What you will learn

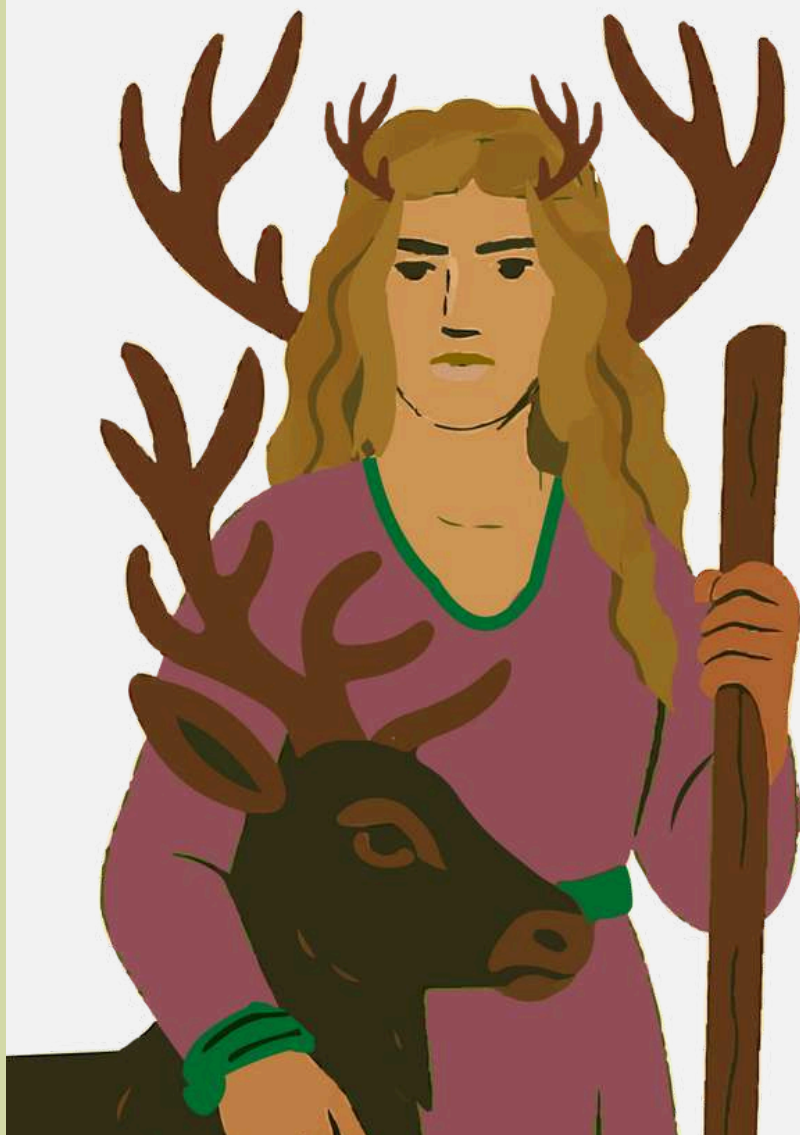
- Strategic planning
- Financial planning
- Data & volunteer management
- Human Resources
- How the topics are relevant to **your NGO's work**

Key Topics covered

- GDPR compliance
- Project coordination
- Financial reporting
- Staff and volunteer management that aligns with your **mission & values**

How you will learn

- Interactive tasks
- Real life examples, **case scenarios** and role play
- Practice using tools and techniques
- Reflective tasks where you deeper explore the **considerations of your organisation**



SUSTAINABILITY & RESILIENCE

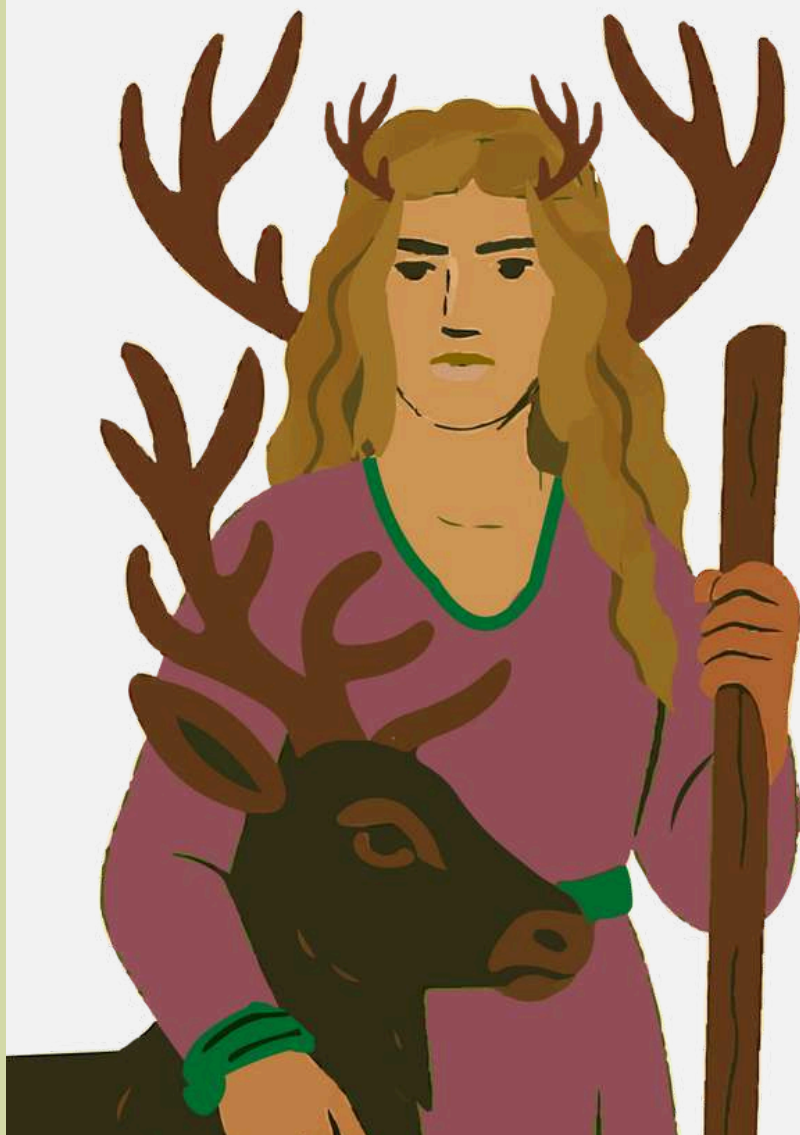
STRATEGIC PLANNING: LAYING A STRONG FOUNDATION.

A strong foundation starts with a sustainable strategy.
Consider your goals and the steps needed to achieve them by:

- Building a sustainable strategy
- Reflecting on your **mission, vision**, and **goals**
Identifying where your organisation is now—and where you want to go

Tools & Methods:

- Practice writing a SWOT Analysis
- Project Planning Techniques
- Strategies aligned with real-world needs and your **organisation's values**
- **Share and learn** from others through reflective activities.



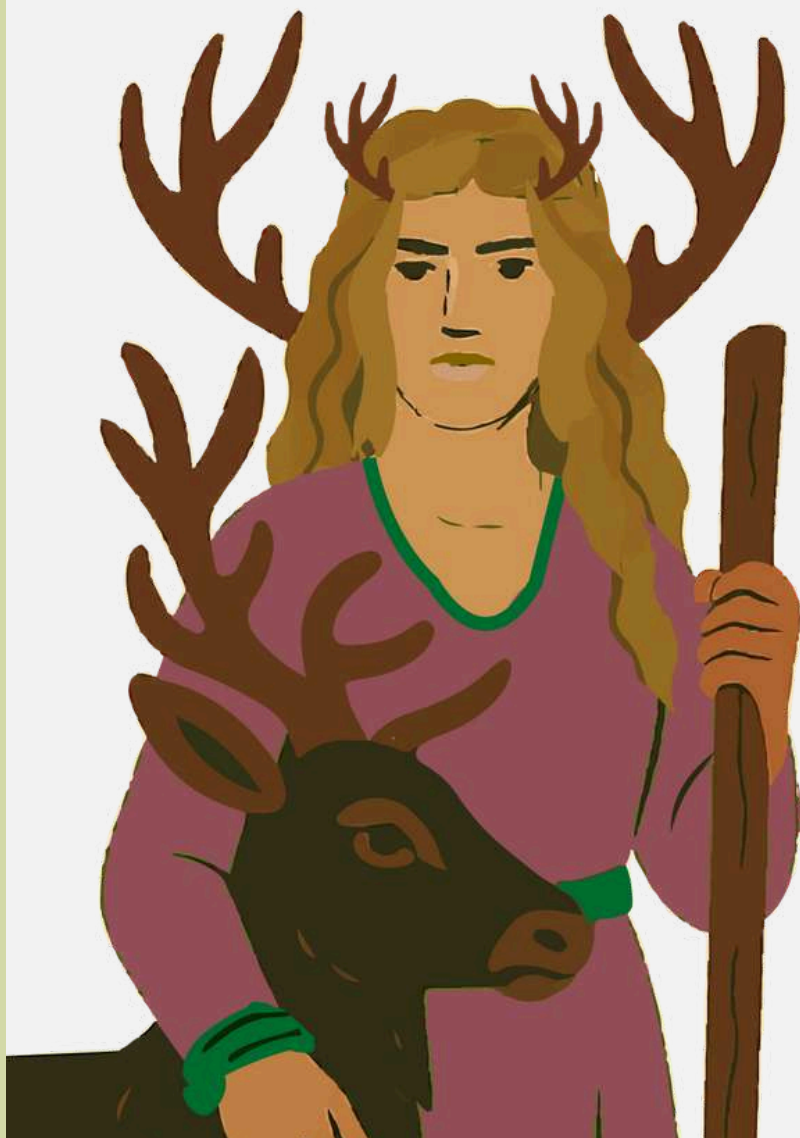
SUSTAINABILITY & RESILIENCE

FINANCIAL & ADMINISTRATIVE WORK: BUILDING SUSTAINABLE OPERATIONS

Ethical, sustainable financial management is essential—no matter your NGO's size, in order to support your **strategic goals** and **long-term stability**

 **Learn about the universal principles:**

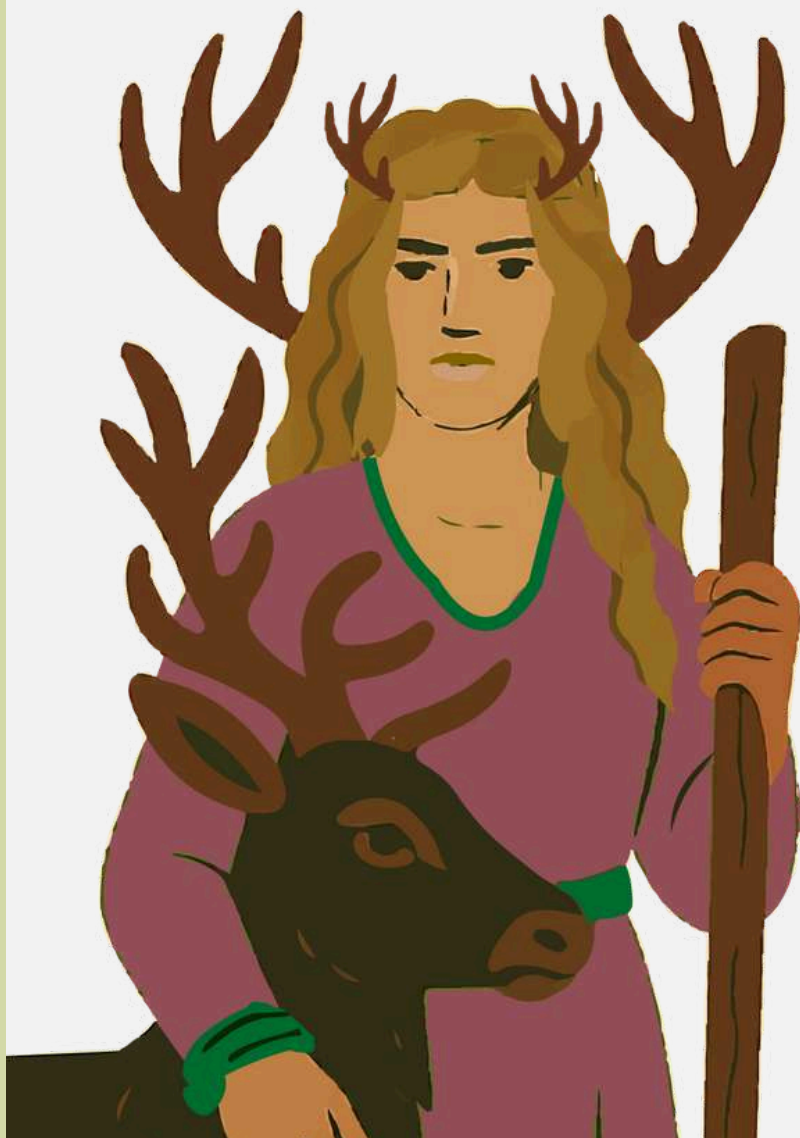
- Key concepts of financial management
- Align administration with **accountability and transparency**
- Roleplay based on a real-life event scenario
- Learn to plan, fund, monitor, and report on activities
- Gain confidence in managing finances transparently



SUSTAINABILITY & RESILIENCE

DATA MANAGEMENT: HANDLING INFORMATION RESPONSIBLY

Understanding how to collect, use, and store data is essential for all NGOs—regardless of size. Good data management improves operations, ensures transparency, and keeps your organisation compliant and ethical.



What You'll Learn:

- Key concepts in Data Management
- Different forms and systems of data handling
- GDPR rules and your legal responsibilities
- Principles of ethical data collection

You will gain a solid understanding of how to **manage data** responsibly, **maintain compliance**, and use data to **improve the effectiveness** of your work and better support your **mission**.

SUSTAINABILITY & RESILIENCE

HUMAN RESOURCES: SUPPORTING THE PEOPLE BEHIND THE WORK

People are at the heart of every NGO

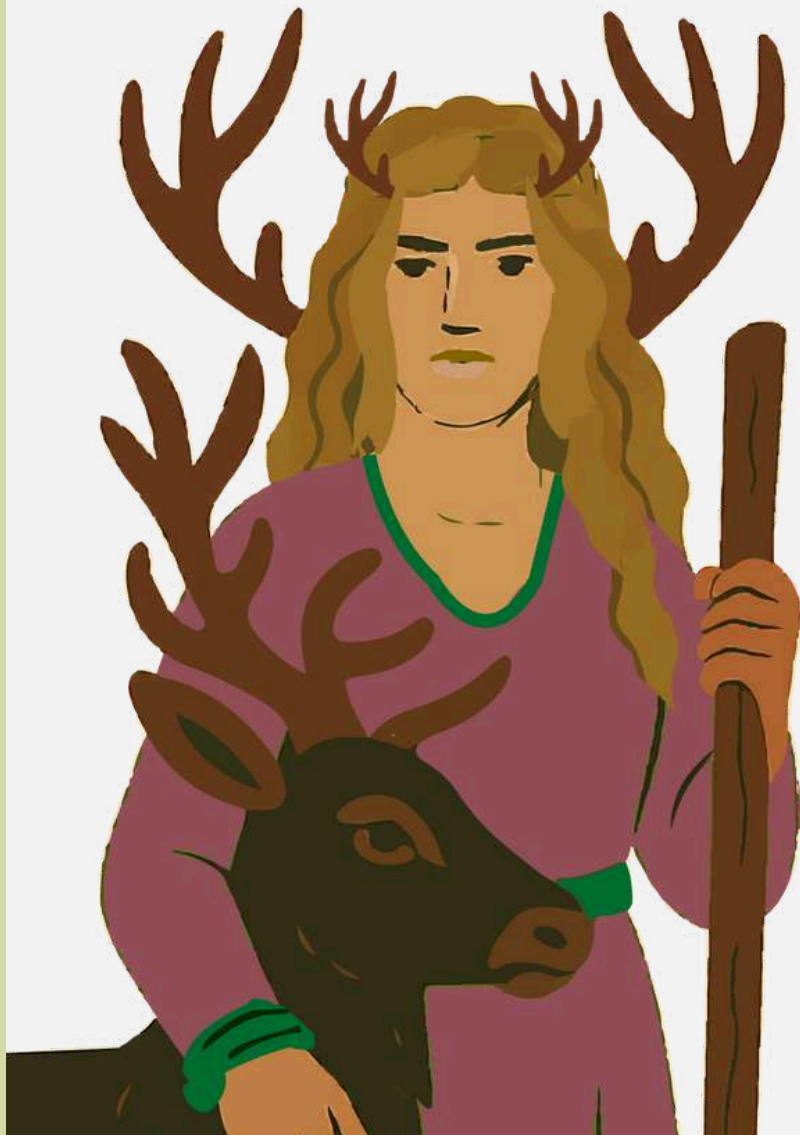
Small teams, **big** impact! Getting HR right is essential in:

- Recruiting the right **people** for the right **roles**
- Supporting staff and volunteer development
- Retaining your existing **team**



Learn how to:

- Support meaningful and **sustainable** work,
- Create **fair** and **inclusive** workplaces,
- Help people grow and stay motivated,
- Address **challenges** and difficult **situations** early and ethically.





Q&A



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